

Teacher Reflection Journal

Short evidence-based reflection for lessons, weeks, and midyear decisions

THIS PACK INCLUDES

- After-lesson reflection
- Weekly pattern review
- Midyear reset
- Small-change experiment

Designed for grades 6-12. Print, adapt, and use it without an email gate.

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After-Lesson Reflection

Write for five minutes. Record what students did and understood, not whether the lesson felt good.

What students were supposed to learn
What evidence showed they learned it
Where understanding broke down
Who participated and who remained invisible
The one move I would keep
The one change I will make tomorrow

Weekly Pattern Review

One hard class can distort the whole week. Look across several days before changing the system.

Repeated evidence of learning
Repeated misconception or unfinished skill
Routine that protected time
Routine that leaked time
Students who need recognition
Students who need private support
One priority for next week

Midyear Reset and Small Experiment

Change one variable long enough to learn from it.

What is working well enough to preserve
Problem stated as observable evidence
One small change to test
What will remain unchanged
Evidence I will collect
Test dates
Keep, revise, or stop - and why